

PSHE at Rossmere



PSHE at Rossmere: INTENT

RESPECT

Our children will value and respect themselves, others, the wider community and the environment.

HEALTHY

They will develop healthy relationships, that encourage good mental and physical health.

ISSUES

Pupils will have a good understanding of current social issues and are able to discuss and debate effectively.

PSHE at Rossmere: IMPLEMENTATION

- Teachers will plan and deliver stand-alone PSHE lessons weekly, that provide opportunities for all pupils to develop their knowledge and understanding of a variety of topics.
- We will use a thematic approach when delivering PHSE in line with the National Curriculum and statutory DFE documents.
- Our PSHE curriculum will incorporate the compulsory DFE Relations Education guidance.
- Whole school and Key Stage assemblies will be used as a platform to support the teaching of PSHE and British Values and make sure current themes and topics are also covered.
- PSHE is a prime area in the EYFS and is woven throughout our Early Years curriculum. In Early Years some PSHE topics and themes require direct teaching, however, we will use our quality adult interactions to teach about and develop skills, knowledge and understanding.

PSHE at Rossmere: PLANNING

RSE & PSHE

Long-term plan

Standard

Family and relationships

Learning how to: form respectful relationships with others, deal with conflict and bullying and the importance of challenging stereotypes.

Health and wellbeing

Learning strategies for looking after their mental and physical health, including: healthy eating, relaxation techniques, sun safety, immunisation facts and the benefits of sleep.

Safety and the changing body

Learning: how to administer first aid in a variety of situations and about safety around medicines, online and road safety and the changes which occur during puberty,



The logo for Kapow Primary, featuring the word "Kapow" in a large, white, stylized font above the word "Primary" in a smaller, white, cursive font, all set against a red arrow-shaped background pointing to the right.

Citizenship

Learning about: human rights and the rights of the child, democracy, diversity and community and protecting the environment.

Economic wellbeing

Learning how to make decisions when it comes to spending, budgeting and saving money and exploring different career choices.

Year 6 only:

Identity

Considering what makes us who we are whilst learning about body image.

PSHE at Rossmere: PLANNING



PSHE Whole School Curriculum 2023-2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Self-regulation: My feelings	Building relationships: Special relationships	Managing self: Taking on challenges	Self-regulation: Listening and following instructions	Building relationships: My family and friends	Managing self: My wellbeing
Year 1	Introduction lesson Family and Relationships	Family and Relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Citizenship	Economic wellbeing
Year 2	Introduction lesson Family and Relationships	Family and Relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Citizenship	Economic wellbeing
Year 3	Introduction lesson Family and Relationships	Family and Relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Citizenship	Economic wellbeing
Year 4	Introduction lesson Family and Relationships	Family and Relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body	Citizenship	Citizenship Economic wellbeing
Year 5	Introduction lesson Family and Relationships	Family and Relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Economic wellbeing Citizenship	Economic wellbeing
Year 6	Introduction lesson Family and Relationships	Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Economic wellbeing Citizenship	Economic wellbeing Identity

PSHE at Rossmere: Protected Characteristics

EQUALITY ACT 2010

PROTECTED CHARACTERISTICS

IT IS AGAINST THE LAW TO DISCRIMINATE AGAINST SOMEONE BECAUSE OF THEIR...



KS1 and KS2 coverage

Year group	Age	Disability	Sex	Marriage and Civil Partnership	Race	Pregnancy and Maternity	Sexual Orientation	Religion and Belief	Gender Reassignment
1	✓	✓	✓	✓	✓			✓	
2		✓	✓	✓	✓		✓	✓	
3	✓	✓	✓		✓		✓	✓	
4	✓	✓	✓		✓			✓	
5	✓	✓	✓	✓	✓			✓	
6	✓	✓	✓		✓	✓	✓	✓	✓

We teach our children about the Protected Characteristics, from the Equality Act 2010. The above grids shows where they are taught within our PSHE curriculum.



**Rossmere
Academy**
ENRICHING EDUCATION

PSHE at Rossmere: Impact

- Children will develop skills, knowledge and attitudes that will support them to reach their greatest potential.
- Support with development and understanding of relationships, behaviour, knowledge and this will become evident through pupil's interactions with peers and the adults around them.

PSHE at Rossmere



**Rossmere
Academy**

ENRICHING EDUCATION

RESPECT

HEALTHY

ISSUES