

PSHE Whole School Curriculum 2023-2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Self-regulation: My feelings	Building relationships: Special relationships	Managing self: Taking on challenges	Self-regulation: Listening and following instructions	Building relationships: My family and friends	Managing self: My wellbeing
Year 1	Introduction lesson Family and Relationships	Family and Relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Citizenship	Economic wellbeing
Year 2	Introduction lesson Family and Relationships	Family and Relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Citizenship	Economic wellbeing
Year 3	Introduction lesson Family and Relationships	Family and Relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Citizenship	Economic wellbeing
Year 4	Introduction lesson Family and Relationships	Family and Relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body	Citizenship	Citizenship Economic wellbeing
Year 5	Introduction lesson Family and Relationships	Family and Relationships Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Economic wellbeing Citizenship	Economic wellbeing
Year 6	Introduction lesson Family and Relationships	Health and wellbeing	Health and wellbeing Safety and the changing body	Safety and the changing body Citizenship	Economic wellbeing Citizenship	Economic wellbeing Identity