

## Physical Education at Rossmere Academy

### ***Intent***

Our intent for Physical Education at Rossmere:

- Ensuring PE is inclusive to allow all children to participate in competitive and participation events, teaching fairness, sportsmanship and respect, values we hope to embed for future life.
- Provide opportunities for all children to be physically active and teach children the importance of leading healthy, active lives.
- Develop knowledge, understanding and skills so children can perform with increasing confidence and competence.

### ***Implementation***

The implementation of Physical Education at Rossmere:

- Providing challenging and enjoyable learning through a range of sporting activities including; Invasion Games, Net & Wall Games, Strike and Field Games, Gymnastics, Dance, Outdoor and Adventure Activities and Swimming.
- Allocating two PE lessons each week, covering one sporting activity every half term. We make sure that children are wearing appropriate PE attire during PE lessons to allow them to fully participate in the lesson.
- Using and adapt a Scheme of Learning from PE Passport to ensure planning, content and delivery is age appropriate. This scheme ensures lessons, year on year, are progressive.
- Promoting both participation and competition through P.E and school sport. We have constant communication of upcoming events within our cluster to ensure all children experience competition at some level. We provide the opportunity for children to access a range of different sporting activity events; for experience, participation and specific SEND events.
- Striving to provide opportunities for children to access extracurricular physical activity through a wide range of sporting and active clubs.
- Promoting physical activity in school 'Rossmere Step Challenge' has been introduced, to encourage children to be physically active and move more. An element of competition inspires classes to be creative and find time to be active throughout the school day.

## ***Impact***

The impact of Physical Education at Rossmere:

- Ensure that our PE curriculum is inclusive and progressive and allows all children the opportunity to acquire and develop fundamental knowledge, understanding, skills and techniques and apply these to a wide variety of different sports and activities.
- Make sure that PE lessons are fun, enjoyable and challenging and all children can achieve, to the best of their ability, in a supportive, safe and stimulating environment.
- Allow opportunity for our pupils to be physically active, and make sure this has a positive impact on their learning in the classroom.
- Teach children how to lead a healthy lifestyle and understand the importance of regular exercise and activity for their physical and mental wellbeing.
- Aspire for all children to enjoy PE and develop a love of sport and physical activity, which hopefully becomes part of their future life outside of Rossmere Academy.
- Hope that by the end of Primary, our children are confident, competent and skilled so that they know and understand the rules and skills of most sports they may encounter in their life beyond Rossmere.