

Physical Education Long Term Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Fundamental movement Skills 1	Dance - animals	Gymnastics - balancing and spinning on points and patches	Athletics 2	Invasion games Skills 1	Striking and fielding games Skills 1
Year 2	Fundamental movement Skills 2	Gymnastics - spinning, turning and twisting	Target games 3	Fundamental movement Skills 3	Dance - pirates	Striking and fielding games Skills 2
Year 3	Invasion games Skills 3	Gymnastics - linking movements together	Tennis	Dance - dance around the world	Cricket	Athletics OAA
Year 4	Hockey	Dance - tigers	Gymnastics - rolling and traveling low Swimming	OAA	Tag rugby Swimming	Athletics
Year 5	Basketball	Gymnastics - matching, mirroring and contrast	Dance - British values	Athletics	Swimming OAA	Rounders
Year 6	Football	Gymnastics - counter balance and counter tension	Dance – the Haka	Netball	Athletics	OAA