

## PESSPA Strategy 2022/2023

This strategy outlines how we plan to deliver a strong PESSPA curriculum and ensures our pupils benefit from the funding we receive to support this. It includes our school's planned use of PE and Sport premium for the 2022 2023 academic year.

### School overview

Detail	Data
School name	Rossmere Academy
Number of pupils in school	
Date this strategy was published	December 2022
Strategy authorised by	Caroline Reed: HT
PESSPA Lead	Kirsty Jacques: PE Lead
Governor Lead	Gillian Slimings

### Funding Overview

Detail	Amount
PE and Sport Funding allocation this academic year	£18,860

### Statement of intent

At Rossmere Academy our intent is for children to be aware of PESSPA and the importance of it within our school. We want all children to understand the importance and benefits of having an active, healthy lifestyle and to engage in daily physical activity. We want all children to be able to access at least 30 minutes of physical activity a day. We intend to provide this will be met through PE lessons, break times, lunch times, movement breaks and after school activities. Our intent includes increasing the confidence, knowledge and skills of all staff who are delivering the PE curriculum, though our PE curriculum and CPD from skilled coaches. We want to develop a wider interest in sports, games and activities by offering a wider range of experiences to our pupils. We want to reach out to children who are not engaging in sports and games and allow them to participate in fun, meaningful activities to develop their confidence. We intend to provide ample opportunities for competitive sports. We want to ensure that every child has the opportunity to participate in school sporting events

## Key Indicators

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1	The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school
2	The profile of PESSPA being raised across the school as a tool for whole school improvement
3	Increased confidence, knowledge and skills of all staff in teaching PE and sport
4	Broader experience of a range of sports and activities offered to all pupils
5	Increased participation in competitive sport

## Activity in this academic year

### Physical Education

Activity	Evidence that supports this approach	Key Indicator	Cost
Develop the PE curriculum to support the importance of active learning by making sure all children are active within PE lessons and implementing movement breaks throughout the day.	On-going subscription to PE Passport: to support the PE curriculum and support teachers to provide high quality, active PE lessons.	1	£599
Continue to use PE passport to support teachers to plan an effective PE curriculum.		3	
Provide a Gymnastics coach to teach alongside teachers to provide CPD for teachers whilst they	Ensuring bespoke CPD for teaching staff is a key focus. Empowering practitioners to be	3	£500

<p>are teaching the curriculum.</p> <p>Provide ample, suitable resources to provide PE lessons with the best opportunities to develop sporting skills and abilities for each and every child</p>	<p>confident to teach PE.</p>	<p>2</p>	<p>£2,300</p>
<p>Introduce 'the daily mile' in every class during the school day.</p> <p>Introduce a step challenge using tracking devices. One class per fortnight will be given the tracking devices and have a week to achieve the greatest amount of tracking devices. One class per fortnight will be given the tracking devices and have a week to achieve the greatest amount of steps. A step challenge trophy will be provided for the winning class at the end of the year</p>	<p>15 mins of self-paced outdoor activity is beneficial for pupil's cognition and well-being.</p> <p>It has been found to significantly improve a child's mood, attention and memory-enhancing their ability to learn. (University of Stirling 2020).</p>	<p>1</p> <p>2</p>	<p>£878</p>

Introduce a 'Sporting award' within Praise assembly. One certificate per year group will be given to a child each week to celebrate an element of PESSPA they have demonstrated.	Clear focus upon promoting PESSPA across the whole school and the development of pupils self-confidence in sport.	2	£200  £50
Provide the opportunity for Year 6 students to complete catch up swimming sessions.	Swimming is an essential life skill. Ensure every child leaves primary school able to safe self rescue and swim a minimum of 25m.	4	£1637

## School Sport

Activity	Evidence that supports this approach	Key Indicator	Cost
Participate in the Skipping festival and training sessions for both Year 4 and Year 2.  Attend all possible cluster events on the south cluster calendar during the school year.  Continue to participate in the Extol Trust Games to promote sport within the trust.	Children are able to experience participating in both competitive and non-competitive sporting events both within our cluster of schools and town wide events. These events will provide valuable learning opportunities both physically, socially and emotionally	5 4	£700       £1,200

Participate in the Love Hartlepool Games.			£150
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## Physical Activity

Activity	Evidence that supports this approach	Key Indicator	Cost
Provide meaningful physical activities during play time and lunch time led by Learning Coaches and assisted by play leaders.	Physical activity has important benefits such in terms of health, wellbeing and physical development.  There is a small positive impact of physical activity on academic attainment (+1 month) EEF.	1	£5,000  £300
Provide multiple opportunities to engage in sport within a range of after school clubs.	There is some evidence that involvement in extra-curricular sporting activities may increase attendance and retention (EEF 2021)	1	£3750
Raise the profile of sport by introducing a 'Sporting Shout out'. We will use Class Dojo to celebrate any successes and events our children have participated in outside of the school day.	Clear focus upon promoting PESSPA across the whole school and the development of pupil's self-confidence in sport.	2	
Provide the opportunity to go canoeing in Year 5	Outdoor adventure learning studies report benefits in terms of self-confidence and self-	4	£1000

	<p>efficacy. Outdoor learning can support children to develop skills such as resilience, self-confidence and motivation.</p> <p>(EEF 2021)</p>		
Run a 'Change 4 Life' club to encourage children who are less active to do physical activity and engage in school sport.	<p>Change4 Life is a national campaign that aims to promote healthy lifestyles and prevent the risk of chronic disease later in life.</p>	4	£500